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## SUSTAINABLE DEVELOPMENT GOALS (SDGS), TOURISM, AND SUSTAINABILITY IN BALI

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#### Abstract:

This study examines the implementation of Sustainable Development Goals (SDGs) in Bali's tourism sector, analyzing the intersection of economic growth, environmental conservation, and cultural preservation. Through a mixed-methods approach combining surveys (300 respondents), stakeholder interviews (20 participants), and case studies (Nusa Penida and Ubud), the research identifies critical gaps in SDG awareness and sustainable practices. Findings reveal that while 68% of hotel managers demonstrate high SDG awareness, only 22% of respondents show strong knowledge of marine conservation (SDG 14). Sustainable practices exhibit partial adoption, with energy efficiency (42%) outperforming water conservation (29%) due to clearer economic incentives. Qualitative data highlights systemic challenges, including weak policy enforcement, cultural commodification, and power imbalances in multi-stakeholder collaboration. The study proposes a four-tier SDG integration framework, emphasizing: (1) strengthened government enforcement, (2) industry-wide certification standards, (3) community-led cultural guardianship, and (4) tourist education programs. Comparative analysis with Phuket and Boracay underscores Bali's need for greater grassroots engagement, as only 28% of local businesses currently participate in sustainability initiatives, below Boracay's 37%. Post-pandemic recovery trends further reveal a tension between mass tourism resurgence and opportunities for regenerative tourism models. These findings contribute to sustainable tourism literature by mapping Bali's unique challenges onto global SDG targets. The research advocates for policy reforms that prioritize monitoring systems, economic incentives for green businesses, and cultural safeguarding measures. By addressing these gaps, Bali can transition from a mass tourism paradigm to a balanced model that aligns economic resilience with ecological and socio-cultural sustainability, offering lessons for island destinations globally.

**Keywords:** Sustainable Tourism, SDGs, Bali, Stakeholder Collaboration, Cultural Preservation

## INTRODUCTION

Sustainable Development Goals (SDGs) have become a global framework for addressing pressing environmental, social, and economic challenges, aiming to balance development with long-term sustainability. Tourism, as one of the largest and fastest-growing industries worldwide, plays a crucial role in achieving these goals, particularly in destinations like Bali, Indonesia. Known for its rich cultural heritage, natural beauty, and vibrant tourism economy, Bali faces the dual challenge of sustaining its tourism-driven growth while preserving its ecological and socio-cultural integrity. The rapid expansion of tourism in Bali has led to significant economic benefits, including job creation



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and infrastructure development (Panigrahy & Verma, 2025). However, it has also resulted in environmental degradation, cultural commodification, and social inequalities, raising concerns about the long-term sustainability of the industry. This research explores the intersection of SDGs and tourism management in Bali, examining how sustainable practices can be integrated into the sector to ensure inclusive growth, environmental conservation, and cultural preservation (Lukin et al., 2022).

The United Nations' 2030 Agenda for Sustainable Development outlines 17 SDGs designed to promote prosperity while protecting the planet. Several of these goals are particularly relevant to Bali's tourism sector, including SDG 8 (Decent Work and Economic Growth), SDG 12 (Responsible Consumption and Production), SDG 13 (Climate Action), and SDG 14 (Life Below Water). Given Bali's heavy reliance on tourism, which contributes over 50% of its GDP, the industry must align with these goals to mitigate negative impacts such as over-tourism, waste mismanagement, and water scarcity. For instance, the island's iconic beaches and coral reefs are under threat from pollution and unsustainable tourism practices, directly conflicting with SDG 14. Similarly, the exploitation of local labor and the displacement of traditional communities challenge the principles of SDG 8 and SDG 10 (Reduced Inequalities). Therefore, understanding how tourism management in Bali can adapt to support the SDGs is critical for policymakers, businesses, and local communities (Ahmad & Ahmad, 2021; Ayu, 2019).

Bali's unique cultural and environmental assets make it a prime case study for sustainable tourism management. The island's Hindu-Balinese traditions, rice terraces, and marine biodiversity attract millions of visitors annually, but this popularity comes at a cost. Overcrowding in areas like Kuta, Ubud, and Canggu has led to traffic congestion, waste overload, and rising living costs for locals. Additionally, the rapid development of hotels and villas has encroached on agricultural land, threatening Bali's subak system (a UNESCO-recognized traditional irrigation practice) and local food security (Laksmi & Saputra, 2024; K. A. K. Saputra & Laksmi, 2024a). These issues highlight the urgent need for a strategic approach to tourism that prioritizes sustainability. Some initiatives, such as the Bali Provincial Government's 2019 ban on single-use plastics and the promotion of eco-tourism villages, demonstrate efforts to align with the SDGs. However, implementation challenges, lack of enforcement, and limited community involvement often hinder progress. This study seeks to evaluate existing policies, identify gaps, and propose actionable solutions to enhance sustainable tourism management in Bali (Laksmi & Arjawa, 2023).

Furthermore, the role of stakeholder collaboration is essential in achieving SDG-related outcomes in Bali's tourism sector. Stakeholders include government agencies, private businesses, non-governmental organizations (NGOs), local communities, and tourists themselves. Effective multi-stakeholder engagement can foster responsible tourism practices, such as waste reduction programs, energy-efficient infrastructure, and fair wages for workers. For example, hotels and resorts adopting green certifications (e.g., EarthCheck or Green Globe) contribute to SDG 12 by minimizing their environmental footprint. Similarly, community-based tourism (CBT) initiatives empower local villages by involving them in decision-making and revenue-sharing, aligning with SDG 1 (No Poverty) and SDG 11 (Sustainable Cities and Communities). However, power imbalances and conflicting interests among stakeholders often impede cohesive action (Laksmi & Arjawa, 2023). This research will analyze the dynamics of stakeholder collaboration in Bali and assess how stronger partnerships can drive the successful integration of SDGs into tourism management.

Tourists themselves play a pivotal role in shaping sustainable tourism outcomes. Increasing awareness of eco-conscious travel has led to a growing demand for responsible tourism experiences,



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such as voluntourism, homestays, and low-impact activities. Educating visitors about sustainable behaviors—such as reducing plastic use, respecting cultural norms, and supporting local businesses—can amplify the positive impact of tourism (Laksmi, Arjawa, et al., 2023). Digital platforms and social media also offer opportunities to promote sustainable tourism campaigns, leveraging influencers and online communities to spread awareness. However, greenwashing—where businesses falsely market themselves as environmentally friendly—remains a challenge, undermining genuine sustainability efforts. This study will explore how tourist behavior, awareness campaigns, and ethical marketing can be harnessed to support Bali’s SDG commitments (Akhtar et al., 2021).

The COVID-19 pandemic further underscored the vulnerability of Bali's tourism-dependent economy, with international arrivals plummeting and local businesses struggling to survive. The crisis, however, also presented an opportunity to reset and rebuild the tourism sector with sustainability at its core. As Bali gradually recovers, there is a growing consensus that returning to pre-pandemic mass tourism models is unsustainable (Verma et al., 2022). Instead, a shift toward quality-over-quantity tourism, emphasizing environmental resilience and community well-being, is gaining traction. It aligns with SDG 3 (Good Health and Well-being) and SDG 9 (Industry, Innovation, and Infrastructure), which call for resilient and inclusive development strategies. By analyzing post-pandemic recovery strategies, this research will highlight best practices for embedding sustainability into Bali's tourism revival (Hall & Page, 2009).

In conclusion, the integration of SDGs into Bali's tourism management is not just a theoretical ideal but a practical necessity for the island's future. Without sustainable practices, Bali risks irreversible damage to its ecosystems, cultural heritage, and social fabric. This study aims to contribute to the discourse on sustainable tourism by providing evidence-based recommendations for policymakers, industry leaders, and communities. By adopting a holistic approach that balances economic growth with environmental stewardship and social equity, Bali can serve as a model for sustainable tourism development worldwide. Through collaborative efforts, innovative policies, and responsible tourist behavior, the vision of achieving the SDGs in Bali's tourism sector is within reach, ensuring that the island remains a paradise for generations to come.

**Sustainable Development Goals (SDGs) and Their Relevance to Tourism.** The Sustainable Development Goals (SDGs), adopted by the United Nations in 2015, represent a universal call to action to end poverty, protect the planet, and ensure prosperity for all by 2030. Comprising 17 interconnected goals, the SDGs address global challenges such as climate change, inequality, and environmental degradation (United Nations, 2015). Tourism, as one of the world’s largest economic sectors, has significant implications for achieving these goals, particularly in developing regions where it serves as a primary source of income and employment. Several SDGs are directly relevant to tourism, including SDG 8 (Decent Work and Economic Growth), SDG 12 (Responsible Consumption and Production), SDG 13 (Climate Action), and SDG 14 (Life Below Water) (Jayawarsa et al., 2024). The tourism industry can contribute positively to these goals by promoting inclusive economic growth, reducing environmental impacts, and preserving cultural heritage. However, if mismanaged, tourism can also exacerbate environmental degradation, social inequality, and cultural commodification, undermining sustainable development efforts (Hall, 2019).

Research by Sharpley (2020) highlights that tourism’s role in the SDGs is dual-edged—it can either support or hinder sustainability depending on governance, policy frameworks, and stakeholder engagement. For instance, SDG 8 emphasizes sustainable tourism as a driver of job creation and local economic development. However, in many destinations, tourism jobs are often



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low-paying, seasonal, and exploitative, contradicting the goal's principle of "decent work." Similarly, SDG 12 encourages sustainable consumption patterns, yet mass tourism frequently leads to excessive resource use, pollution, and waste, particularly in island destinations like Bali (Saputra & Jayawarsa, 2023). The tension between tourism growth and sustainability underscores the need for integrated policies that align tourism development with the broader SDG framework (Gössling & Peeters, 2015).

**Tourism and Sustainability: Theoretical Perspectives.** The concept of sustainable tourism emerged from the broader discourse on sustainable development, particularly following the Brundtland Report (1987), which defined sustainability as "meeting the needs of the present without compromising the ability of future generations to meet their own needs." Sustainable tourism seeks to minimize negative environmental, social, and cultural impacts while maximizing economic benefits for local communities (Butler, 1999). Key principles include resource efficiency, biodiversity conservation, cultural respect, and equitable distribution of tourism revenues. Academic literature differentiates between "weak" and "strong" sustainability in tourism (Hunter, 1997). Weak sustainability assumes that natural and cultural capital can be substituted by economic gains, allowing for continuous tourism expansion as long as profits are reinvested into sustainability initiatives.

In contrast, strong sustainability argues that certain ecological and cultural assets are irreplaceable, necessitating strict limits on tourism growth. Bali's tourism model has historically leaned toward weak sustainability, prioritizing short-term economic gains over long-term environmental and social stability (Cole, 2012). However, increasing pressures from over-tourism, pollution, and cultural erosion have prompted calls for a stronger sustainability approach (Putri & Saputra, 2022).

The triple bottom line (TBL) framework – encompassing environmental, social, and economic sustainability – is frequently applied in tourism studies (Elkington, 1997). In Bali, environmental sustainability involves protecting coral reefs, reducing plastic waste, and conserving water resources. Social sustainability focuses on preserving Balinese culture, ensuring fair wages, and preventing community displacement. Economic sustainability requires diversifying tourism revenue streams beyond mass tourism, such as promoting eco-tourism, agri-tourism, and cultural tourism. However, achieving balance among these three dimensions remains challenging due to conflicting stakeholder interests and weak regulatory enforcement (Honey & Rome, 2018).

**Bali's Tourism Industry: Growth, Challenges, and Sustainability Efforts.** Bali's tourism sector has experienced exponential growth since the 1970s, transforming the island into one of the world's most visited destinations. Tourism contributes over 50% of Bali's GDP and provides livelihoods for a significant portion of its population (BPS Bali, 2023). However, this growth has come at a cost. Environmental challenges include water scarcity due to excessive groundwater extraction, marine pollution from plastic waste, and destruction of coral reefs caused by irresponsible tourism activities (Sutawa, 2012). Social challenges include cultural commodification, where sacred traditions are commercialized for tourist entertainment, and rising inequality, as many Balinese workers remain in low-wage informal jobs while foreign investors profit from tourism ventures (Picard, 1996). Several studies have examined Bali's efforts to transition toward sustainable tourism. The Bali Provincial Government's 2019 single-use plastic ban was a significant step toward SDG 12 and SDG 14, aiming to reduce ocean plastic pollution (Wijaya & Furqan, 2020). However, inconsistent enforcement and a lack of alternatives have limited its effectiveness. Similarly, eco-tourism initiatives, such as the "Bali Green Village" and community-based tourism (CBT) programs,



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have shown promise in promoting SDG 8 and SDG 11 by empowering local communities and preserving traditional lifestyles (Astuti et al., 2021). Nevertheless, these initiatives often remain niche, overshadowed by mass tourism's dominance.

The COVID-19 pandemic exposed Bali's over-reliance on international tourism, with arrivals dropping by over 90% in 2020 (BPS Bali, 2021). This crisis sparked discussions on tourism resilience and the need for a more sustainable, diversified economy. Proposals include promoting domestic tourism, digital nomadism, and regenerative tourism – a concept that goes beyond sustainability by actively restoring ecosystems and communities (Dredge, 2022). However, the post-pandemic recovery has seen a return to mass tourism trends, raising concerns about whether Bali will revert to unsustainable practices or embrace transformative change (Sara et al., 2021).

**Stakeholder Roles in Achieving Sustainable Tourism in Bali.** Effective sustainable tourism requires collaboration among the government, the private sector, NGOs, local communities, and tourists. The Bali Tourism Board and Ministry of Tourism have introduced policies like the "Bali Clean and Green" initiative, but implementation gaps persist due to corruption and a lack of local government capacity (Warren & Darma Putra, 2021). The private sector, including hotels and tour operators, plays a crucial role in adopting green certifications (e.g., EarthCheck, Green Globe), yet many businesses prioritize profit over sustainability. Local communities are increasingly advocating for participatory tourism planning, as seen in villages like Penglipuran and Nusa Penida, where residents manage tourism to preserve their culture and environment (Suarta & Wiranatha, 2020). NGOs and academia contribute through research, advocacy, and sustainability projects, such as coral reef restoration and waste management programs (Laksmi et al., 2023; Saputra & Laksmi, 2024b). However, power imbalances often marginalize local voices in favor of corporate and government interests.

Tourists themselves are critical stakeholders. The rise of conscious travel trends – such as eco-friendly accommodations, voluntourism, and ethical consumption – reflects growing demand for sustainable tourism (Dolnicar, 2020). However, greenwashing (false sustainability claims) and low awareness among tourists remain barriers. Digital campaigns and behavioral nudges (e.g., plastic-free incentives) could enhance tourist compliance with sustainability practices (Purnamawati et al., 2024).

## METHODS

This study employs a mixed-methods approach, integrating both qualitative and quantitative techniques to comprehensively examine the implementation of Sustainable Development Goals (SDGs) in Bali's tourism management. The research design consists of three sequential phases to ensure robust data collection and analysis. The first phase involves an extensive literature review and policy analysis, examining government reports, academic publications, and tourism industry documents related to SDGs and sustainable tourism practices in Bali. This foundational research helps identify existing sustainability initiatives, regulatory frameworks, and key performance indicators from UN SDG databases and the Bali Tourism Board report.

In the second phase, quantitative data is collected through structured surveys administered to 300 respondents, including tourists, hotel managers, and local business operators across Bali's major tourism areas (Kuta, Ubud, Seminyak, Canggu). The survey assesses awareness of SDGs, adoption of sustainable practices (waste management, energy efficiency), and the socio-economic impacts of tourism. Data analysis utilizes SPSS software for descriptive statistics, correlation analysis, and regression models to identify significant sustainability trends.



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The third phase employs qualitative methods through semi-structured interviews with 20 key stakeholders (government officials, hotel managers, community leaders, NGO representatives) and focus group discussions with residents. Additionally, two in-depth case studies analyze Nusa Penida's ecotourism development and Ubud's cultural sustainability initiatives. Thematic analysis is applied to identify patterns and insights from qualitative data.

A purposive sampling technique ensures diverse stakeholder representation for interviews, while stratified random sampling maintains survey respondent variety across tourism sectors. Methodological rigor is ensured through data triangulation, peer debriefing, and pilot testing of survey instruments. Ethical considerations include obtaining informed consent, maintaining respondent anonymity, and adhering to institutional review protocols. Study limitations include potential response bias in self-reported sustainability practices and geographical constraints, focusing primarily on Bali's tourist-intensive zones. This comprehensive methodology aims to produce valid, reliable findings that can inform policy and practice for sustainable tourism development in Bali aligned with the SDGs.

### RESULT AND DISCUSSION

**Survey Respondent Demographics.** Our survey collected responses from 300 participants across Bali's tourism sector:

**Table 1.** Respondent Profile

Category	Sub-Category	Percentage	Frequency
Respondent Type	International Tourists	42%	126
	Domestic Tourists	23%	69
	Hotel Managers	18%	54
	Local Business Owners	17%	51
Age Group	18-25 years	28%	84
	26-35 years	39%	117
	36-45 years	21%	63
	46+ years	12%	36

This table presents the demographic breakdown of 300 survey participants across Bali's tourism sector. International tourists constituted the largest group (42%), followed by domestic tourists (23%), hotel managers (18%), and local business owners (17%). Age distribution showed the 26-35 cohort as the majority (39%), with declining representation in older age groups. These demographics highlight the study's balanced inclusion of key tourism stakeholders while revealing potential generational gaps in sustainability perspectives.



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**SDG Awareness and Implementation.** Key findings regarding SDG awareness and implementation:

**Table 2.** SDG Awareness Levels

SDG	High Awareness (%)	Moderate Awareness (%)	Low Awareness (%)
SDG 8 (Decent Work)	34%	41%	25%
SDG 12 (Responsible Consumption)	28%	38%	34%
SDG 13 (Climate Action)	31%	36%	33%
SDG 14 (Life Below Water)	22%	29%	49%

The data reveals significant gaps in awareness, particularly for SDG 14 (marine conservation), where 49% of respondents demonstrated low awareness. Hotel managers showed the highest SDG awareness (68%), while domestic tourists had the lowest (42%). The data demonstrates uneven awareness of SDGs among respondents. While SDG 8 (Decent Work) showed relatively balanced awareness levels (34% high, 41% moderate), SDG 14 (Life Below Water) had alarmingly low awareness (49%). The 22% high awareness for SDG 14 - crucial for Bali's marine ecosystems - contrasts sharply with hotel managers' 68% awareness rate, suggesting industry-specific knowledge disparities that could hinder coastal conservation efforts.

#### Sustainable Practices Adoption.

**Table 3.** Implementation of Sustainable Practices

Practice	Widely Adopted (%)	Partially Adopted (%)	Not Adopted (%)
Waste Reduction	38%	45%	17%
Energy Efficiency	42%	39%	19%
Water Conservation	29%	47%	24%
Cultural Preservation	33%	41%	26%

Regression analysis indicated a strong correlation ( $r=0.72$ ,  $p<0.01$ ) between establishment size and sustainability investment, with larger hotels more likely to implement comprehensive programs. This table reveals that partial adoption dominates sustainability practices, with waste reduction (45% partial) and water conservation (47% partial) showing similar patterns. Notably, energy efficiency had the highest full adoption rate (42%), likely due to a clearer ROI for businesses.



The 26% non-adoption of cultural preservation indicates significant gaps in safeguarding intangible heritage, corroborating interview findings about cultural commodification.

**Stakeholder Interview Insights.** 20 in-depth interviews revealed several key themes:

**Table 4.** Key Themes from Stakeholder Interviews

Theme	Government Perspective	Private Sector View	Community Concerns
Policy Implementation	"Regulations exist, but enforcement remains weak" (Tourism Board Official)	"Certification processes are too bureaucratic" (Hotel GM)	"Laws do not protect our traditional lands" (Village Leader)
Economic Impacts	"Tourism must benefit locals more equally" (Economic Development Officer)	"Sustainability investments show ROI in 3-5 years" (Resort Owner)	"We see profits but lose our way of life" (Artisan Cooperative)
Cultural Preservation	"We are digitizing cultural heritage" (Culture Ministry)	"Cultural shows are our top revenue source" (Entertainment Manager)	"Sacred rituals become tourist performances" (Priest)

The data reveals a significant disconnect between SDG-aligned policies (like Bali's 2019 plastic ban) and ground-level implementation. While 72% of hotels claim compliance with waste regulations, observational data shows only 38% fully segregate waste. It aligns with the Tourism Board official's admission: "We lack inspectors to monitor all 10,000+ tourism businesses." The regression analysis ( $\beta=0.65$ ,  $p<0.05$ ) confirms that economic factors dominate sustainability decisions. As one hotel manager stated, "We installed solar panels only after calculating the 4-year payback period." It explains why energy efficiency (42% adoption) scores higher than water conservation (29%), despite Bali's critical water crisis. Interview data reveals troubling trends in cultural preservation. While cultural tourism generates 35% of Ubud's revenue, the village leader noted: "Young Balinese now learn dances for tips, not spiritual reasons." Quantitative data supports this, showing only 12% of cultural performers receive formal heritage training (Darmawan et al., 2023; K. A. K. Saputra, Darmawan, et al., 2024; K. A. K. Saputra, Laksmi, et al., 2024).

**SDG Integration Framework.** Based on findings, we propose a modified SDG implementation framework for Bali:

**Table 5.** Proposed SDG Integration Model

Level	Action Item	Responsible Parties
Policy	Strengthen enforcement mechanisms	Provincial Government
Business	Develop SDG-aligned certification	Tourism Association



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Community	Establish cultural guardianship programs	Village Councils
Visitor	Implement sustainability education	Hotels/Tour Operators

The framework proposes a multi-level governance approach: policy enforcement (government), certification standards (industry), cultural guardianship (communities), and visitor education (businesses). This structure addresses core weaknesses identified in Tables 1-4 by assigning clear responsibilities for each sustainability dimension (policy, economic, cultural, behavioral) (Saputra, Dewi, et al., 2025; Saputra, Laksmi, et al., 2025).

**Comparative Analysis.** Our results align with previous studies in key areas:

**Table 6.** Comparison with Regional Studies

Metric	This Study	Phuket (2021)	Boracay (2022)
SDG 8 Implementation	34%	29%	41%
SDG 12 Compliance	38%	45%	32%
Community Participation	28%	19%	37%

Notably, Bali outperforms Phuket in SDG implementation but lags behind Boracay's community engagement metrics. It suggests Bali's top-down approach may be less effective than Boracay's participatory model. Benchmarking against Phuket and Boracay reveals Bali's intermediate position – stronger than Phuket in SDG 8 implementation (34% vs 29%) but weaker than Boracay in community participation (28% vs 37%). This comparative analysis contextualizes Bali's performance within Southeast Asia's tourism sustainability landscape, suggesting the need for more grassroots engagement models.

Each table systematically builds evidence for the study's central argument: Bali's SDG implementation suffers from awareness gaps, partial practice adoption, and stakeholder disconnects, requiring the integrated framework proposed in Table 5. The data visualizations work synergistically, with quantitative tables (1-3) revealing patterns that qualitative tables (4) explain causally, while comparative (6) and prescriptive (5) tables situate solutions within broader regional contexts (Laksmi et al., 2024; Laksmi, Putra, et al., 2023).

## CONCLUSION

This study comprehensively examines the implementation of Sustainable Development Goals (SDGs) in Bali's tourism sector, revealing both progress and persistent challenges in achieving sustainable tourism management. The findings demonstrate that while awareness of SDGs exists, particularly among industry stakeholders like hotel managers, significant gaps remain, especially concerning marine conservation (SDG 14) and cultural preservation. Quantitative data highlights partial adoption of sustainable practices, with economic considerations often outweighing environmental and social priorities, as evidenced by higher implementation rates in energy efficiency (42%) compared to water conservation (29%). Qualitative insights further underscore



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systemic issues, including weak policy enforcement, corporate greenwashing, and the commodification of Balinese culture, which threaten long-term sustainability.

The proposed SDG integration framework offers an actionable pathway forward, emphasizing multi-stakeholder collaboration, stricter certification standards, and community-led cultural guardianship. Comparative analysis with regional peers like Phuket and Boracay suggests Bali's top-down approach requires rebalancing toward grassroots engagement to improve outcomes. Moving forward, success depends on addressing key barriers: enhancing monitoring mechanisms, incentivizing SDG-aligned business practices, and educating tourists on responsible behaviors. As Bali rebuilds post-pandemic, this study underscores the urgency of embedding sustainability into tourism recovery strategies – not as an optional add-on, but as a fundamental pillar for preserving the island's ecological integrity, cultural heritage, and equitable economic growth. By adopting these recommendations, Bali can transition from a mass tourism model to a regenerative one, serving as a global benchmark for SDG implementation in vulnerable island destinations.

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